

Name:

School:

Diet required: PISCATARIAN

Week one

Dates: 04/11 25/11 16/12 06/01 27/01 17/02 09/03 30/03

Dish of the Day	Bean & Potato Hotpot
Vegetables	Peas Salad
Dessert	Melon Slice Fruit Salad

Dish of the Day	Cheese & Sweetcorn Pasta
Vegetables	Green Beans Salad
Dessert	Yoghurt & Granola Fruit Salad

Dish of the Day	Quorn Sausage, Gravy & Roast Potatoes
Vegetables	Seasonal Vegetables
Dessert	Cranberry Shortbread Fruit Salad

Dish of the Day	Cheese & Tomato Pasta Butternut Squash Curry & Rice
Vegetables	Mixed Vegetables Salad
Dessert	Yoghurt & Fruit Slices Fruit Salad

Dish of the Day	Fish & Chips Quorn Burger in a Bun & Chips
Vegetables	Peas Salad
Dessert	Mandarin Marble Sponge Fruit Salad

Week two

Dates: 11/11 02/12 23/12 13/01 03/02 24/02 16/03 06/04

Dish of the Day	Macaroni Cheese Salmon Paella
Vegetables	Green Beans Salad
Dessert	Yoghurt & Granola Fruit Salad

Dish of the Day	Veggie Pasta Bolognese
Vegetables	Peas Salad
Dessert	Farmhouse Fruit Slice & Custard Fruit Salad

Dish of the Day	Quorn Balls in Gravy, Roast Potatoes
Vegetables	Seasonal Vegetables
Dessert	Muesli Flapjack Fruit Salad

Dish of the Day	Cheese & Tomato Pizza
Vegetables	Mixed Vegetables Salad
Dessert	Yoghurt & Fruit Slices Fruit Salad

Dish of the Day	Fish & Chips Omelette & Chips
Vegetables	Baked Beans Salad
Dessert	Cranberry Shortbread Fruit Salad

Week three

Dates: 18/11 09/12 30/12 20/01 10/02 02/03 23/03 13/04

Dish of the Day	Quorn Sausage & Bean Hotpot
Vegetables	Peas Salad
Dessert	Mandarin Marble Cake Fruit Salad

Dish of the Day	Macaroni Cheese Cauliflower, lentil Masala & Rice
Vegetables	Mixed Vegetables Salad
Dessert	Yoghurt & Fruit Slices Fruit Salad

Dish of the Day	Quorn Sausages, Gravy, Roast Potatoes
Vegetables	Seasonal Vegetables
Dessert	Farmhouse Fruit Slice & Custard Fruit Salad

Dish of the Day	Cheese & Tomato Pizza
Vegetables	Green Beans Salad
Dessert	Muesli Flapjack Fruit Salad

Dish of the Day	Fish & Chips Quorn Burger in a Bun & Chips
Vegetables	Peas Salad
Dessert	Yoghurt & Granola Fruit Salad

Monday

Tuesday

Wednesday

Thursday

Friday

can have YOGHURT, MILK & BREAD
JACKET POTATO WITH BAKED BEANS, TUNA MAYO & CHEESE
CAN HAVE KETCHUP