

Name:

School:

Diet required: VEGAN

## Week one

Dates: 30 Oct, 20 Nov, 11 Dec, 01 Jan, 22 Jan, 05 Mar, 26 Mar

Dish of the Day	Potato & Vegetable Hotpot
Vegetables	Sweetcorn or Salad
Dessert	ALPRO SOYA YOGHURT

Dish of the Day	Beany Pasta
Vegetables	Rainbow Vegetables or Salad
Dessert	FRUIT SALAD

Dish of the Day	(SD) BEAN & LENTIL HOTPOT
Vegetables	Green Vegetable Medley or Salad
Dessert	Melon Slices

Dish of the Day	JACKET POTATO WITH BAKED BEANS
Vegetables	Peas & Sweetcorn or Salad
Dessert	FRUIT SALAD

Dish of the Day	(SD) MEXICAN RICE
Vegetables	Baked Beans or Salad
Dessert	Apple & Grapes

## Week two

Dates: 6 Nov, 27 Nov, 18 Dec, 08 Jan, 29 Jan, 19 Feb, 12 Mar

Dish of the Day	JACKET POTATO WITH BAKED BEANS
Vegetables	Green Vegetable Medley or Salad
Dessert	ALPRO SOYA YOGHURT

Dish of the Day	Butternut Squash & Chickpea Curry
Vegetables	Peas & Sweetcorn or Salad
Dessert	FRUIT SALAD

Dish of the Day	(SD) BEAN & LENTIL HOTPOT
Vegetables	Baton Carrots or Salad
Dessert	ALPRO SOYA YOGHURT

Dish of the Day	Veggie Pasta Bolognaise
Vegetables	Peas or Salad
Dessert	Melon Slices

Dish of the Day	(SD) BEAN & LENTIL HOTPOT
Vegetables	Baked Beans or Salad
Dessert	JELLY POT

## Week three

Dates: 13 Nov, 04 Dec, 15 Jan, 05 Feb, 26 Feb, 19 Mar

Dish of the Day	(SD) MEXICAN RICE
Vegetables	Peas
Dessert	FRUIT SALAD

Dish of the Day	(SD) BEANY PASTA
Vegetables	Carrots & sweetcorn or Salad
Dessert	ALPRO SOYA YOGHURT

Dish of the Day	(SD) BEAN & LENTIL HOTPOT
Vegetables	Green Vegetable Medley
Dessert	JELLY POT

Dish of the Day	Mild Bean Chilli & Rice
Vegetables	Rainbow Vegetables
Dessert	FRUIT SALAD

Dish of the Day	JACKET POTATO WITH BAKED BEANS
Vegetables	Baked Beans
Dessert	ALPRO SOYA YOGHURT

Monday

Tuesday

Wednesday

Thursday

Friday

## Notes:

CAN HAVE JACKET POTATO WITH BAKED BEANS ONLY. NO BREAD